



Doeth am Iechyd
Cymru
HealthWise
Wales

Factsheet

What is HealthWise Wales?

- HealthWise Wales is a research study that aims to better understand the health and wellbeing of the nation.
- The information will help the NHS in Wales plan for the future.
- It gives people the opportunity to take part in specific health research projects being carried out in Wales.
- The study is aiming to develop better treatments and manage long term health conditions such as heart disease, dementia, diabetes, mental health and cancer.

Who can take part?

- Everyone aged 16 or over, living in Wales.
- HealthWise Wales wants participants of all ages and ethnic backgrounds to register, including those who are fit or unwell.
- Register with HealthWise Wales and access the online questionnaire by visiting healthwisewales.gov.wales or by phone on 0800 9 172 172

What's involved?

- Participants are asked to answer a ten minute online survey about their health, lifestyle and wellbeing every six months.
- Information will only be accessible by appropriately trained and authorised personnel.
- Participants' data is only used to support the aims of the project. It will never be shared with doctors or third parties such as insurance or mortgage companies.
- Questionnaire data will be anonymised and encrypted and linked by researchers to NHS records. See the Data Security film for more information.

What is HealthWise Wales?

- This project is led by an experienced team of researchers at Cardiff University in partnership with Swansea University.
- Funded by the Welsh Government, the study has been approved by the Welsh Research Ethics Committee and is compliant with the Data Protection Act to ensure data remains private and confidential.
- The project is monitored by a Public Delivery Board. The group will oversee and safeguard the public's interest in the direction and conduct of HealthWise Wales research.

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